



CMPS

Center for Modern Psychoanalytic Studies

Online Presentation (via Zoom)

Violence, Destruction, Survival: British Independent Theory in the Analytic Treatment of a Schizophrenic Patient

This presentation describes the psychoanalytic treatment of a patient, previously diagnosed as schizophrenic, who at times was severely regressed. The analytic work is discussed from the perspective of British Independent theory, using Ferenczi, Winnicott, Michael and Enid Balint, and Bollas. The treatment of this sadomasochistic patient entailed the analyst's being available to be used within the facilitating environment, which was an unexpected experience for the patient, who expected cruelties in response to her destructiveness. Her sadomasochism, rooted in traumatic preverbal experience, was unconsciously enacted in the frame of the transference-countertransference. As she became able to verbalize her early object relations in terms of who was doing what to whom, she ceased her enactments of violent cruelties. The British Independent theories on the destruction of the object and its survival, which do not rely on the death instinct, are discussed.

2 CE Credits for Psychoanalysts, Psychologists, and Social Workers

SATURDAY, April 26, 2025 • 9:30 – 11:30 AM (Eastern)

To Register: cmps.edu/events

For More Information: 212-260-7050 • cmps@cmps.edu

PRACTITIONERS AND GENERAL PUBLIC: \$40

STUDENTS: Free



Jonathan Sklar, MBBS, FRCPsych, is an Independent training and supervising psychoanalyst of the British Psychoanalytical Society. He was consultant psychotherapist at Addenbrooke's in Cambridge, and he now works in analytic practice in London and lectures widely across the world. He is an honorary member of the South African Psychoanalytic Society and the Serbian Psychoanalytic Society, and established and chaired the Independent Psychoanalytic Trust. He is the author of *Dark Times: Psychoanalytic Perspectives on Politics, History and Mourning*.

CONTINUING EDUCATION INFORMATION

LEARNING OBJECTIVES: Participants will be able to (1) explain Ferenczi's theory of destruction and survival, and (2) describe Winnicott's ideas about the use of an object.

Psychoanalysts: The Center for Modern Psychoanalytic Studies is recognized by the New York State Education Department's State Board for Mental Health Practitioners as an approved provider of continuing education for licensed psychoanalysts (#P-0032).

Psychologists: The Center for Modern Psychoanalytic Studies is recognized by the New York State Education Department's State Board for Psychology as an approved provider of continuing education for licensed psychologists (#PSY-0163).

Social Workers: The Center for Modern Psychoanalytic Studies is recognized by the New York State Education Department's State Board for Social Work as an approved provider of continuing education for licensed social workers (#SW-0206).