



CMPS

Center for Modern Psychoanalytic Studies

Distance Learning Program: Online Course via Zoom

THIS COURSE IS OPEN *ONLY* TO STUDENTS OUTSIDE THE GREATER NEW YORK CITY AREA

Single-Semester Course

The Psychoanalytic Frame

This course will examine the elements of the psychoanalytic frame – the ground rules that make treatment possible – and examine how the frame is created in the initial sessions, including establishing the contract – the frequency, the hour, and the fee – and addressing regulation of stimulation and use of the couch. We will examine issues such as how to work with resistance to the frame, how and why (or why not) to break the frame, and boundary violations.

15 CE Credits for Psychoanalysts, Psychologists, and Social Workers

10 THURSDAYS | FEBRUARY 19 – MAY 7, 2026
5:30 - 7:00 PM (Eastern)

To Register or For More Information: bdamato@cmps.edu
TUITION: \$550

Lexa Roséan, MA, LP, is a graduate of BGSP-NY and CMPS. She is the recipient of the 2015 Rose F. McAloon Award for excellence in a master's thesis, the 2019 NAAP AIT Award for writing, and the 2023 Phyllis W. Meadow Award for excellence in a final research project, and is the winner of the 2023 Division 39 essay contest. She is a published author and is in private practice in NYC.

CONTINUING EDUCATION INFORMATION

LEARNING OBJECTIVES: Participants will be able to (1) define the psychoanalytic frame, (2) identify components of the psychoanalytic frame, (3) explain how the frame facilitates psychoanalytic treatment, (4) describe a resistance to the frame and how to work with that resistance, (5) give examples of breaking the frame and explain how they may or may not facilitate the treatment, (6) give examples of utilizing the frame to reveal transference, (7) give examples of utilizing the frame to reveal countertransference, (8) give examples of utilizing the frame to reveal resistance, (9) explain the differences between boundary crossings and boundary violations, and (10) explain why the potential for sexual boundary violations exists in all treatments and describe how to safeguard against them.

Psychoanalysts: The Center for Modern Psychoanalytic Studies is recognized by the New York State Education Department's State Board for Mental Health Practitioners as an approved provider of continuing education for licensed psychoanalysts (#P-0032).

Psychologists: The Center for Modern Psychoanalytic Studies is recognized by the New York State Education Department's State Board for Psychology as an approved provider of continuing education for licensed psychologists (#PSY-0163).

Social Workers: The Center for Modern Psychoanalytic Studies is recognized by the New York State Education Department's State Board for Social Work as an approved provider of continuing education for licensed social workers (#SW-0206).